



**LONG COURSE SWIM MEET SCHEDULE  
(50 Meters)  
Summer 2007**

- APRIL 28-29** PVS 1<sup>st</sup> Service Bank Just Swim Again LC Derby at GMU Fairfax  
A/BB/B/C All ages
- JUNE 15-17** Winchester Invitational at Jim Barnett Park  
A/BB/B/C All Ages
- JUNE 22-23** SMAC Virginia Common Wealth Games Waynesboro  
A/BB/B/C All ages
- JULY 13-15** RAYS Summer Awards at GMU Freedom Center  
Open to all swimmers
- JULY 19-22** CGBD LC Age Group Champs at MAC (Newport News)  
Qualifying times posted at [www.valleyswimteam.com/meets](http://www.valleyswimteam.com/meets)
- JULY 26-29** RAYS Senior Champs at Patriot Center  
Qualifying times posted at [www.valleyswimteam.com/meets](http://www.valleyswimteam.com/meets)
- AUGUST 8-11** LC Age Group Zones Buffalo, NY  
Open to all 14 & younger swimmers with qualifying times